

SMALL GROUPS

How to Start or Multiply a Small Group

making, maturing, & multiplying
disciples of Jesus Christ
for God's glory

Question: Where are you at the moment?

*Seeking to
learn more.
Not yet leading
a group.*

*Interested in
starting or
being part of a
new group.*

*Thinking about
how my group
could multiply.*

PURPOSE



Small Groups are the primary opportunity for *disciples to grow in maturity in Christ* each week.

So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. **Ephesians 4:11-13**

They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. **Acts 2:42**

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Matthew 28:18-20

Goal is maturity in Christ.
*This is life-long, concerning people
beginning & continuing in faith.*

Inform what we focus on:
teaching, fellowship, prayer.

Jesus commands us to be
disciple-making disciples.
*Multiplication of disciples part
of following Jesus.*

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Small Groups

starting & multiplying

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CONTEXT

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03

GETTING STARTED



SNAPSHOT

of Small Groups in 2026

3

Locations

Toowoomba,
Brisbane* & Online

4

Languages

English, Korean,
Chinese & Tamil

26

Small Groups

All groups at
stbarts.com.au/smallgroups

+245

People in Small Groups

41% of members
56% regularity

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SNAPSHOT *of Small Groups in 2026*

**For growing
disciples, there is a
high need**

250+ *members* (adults) not
in a small group

+245

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Locations

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Brisbane* & Online

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New Small Groups

- ✗ Self-appointed
- ✗ Selective
- ✗ Splitting an existing group
- ✿ Shared discernment
- ✿ Open for all
- ✿ Seeding a new group

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*Specific missional reasons
why the group has some
criteria, e.g., men, mothers
with children*



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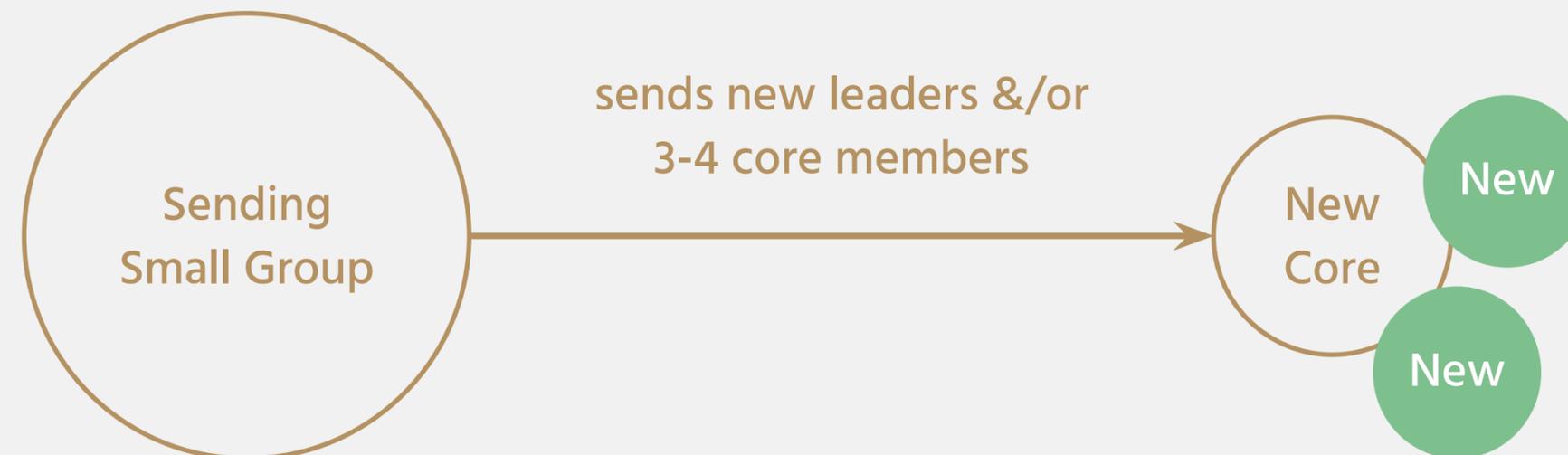
03

GETTING STARTED



New Small Groups

Seeding a new group



Sending leaders/core creates capacity for new people

New groups are very effective at inviting people new to faith or new to small groups

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How to begin?

Reflect & Share

Is there a type of small group you'd love to see?

Who would you love to see in a small group?

Prayer & Discussion

Form a Core Group

Begin

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How to begin?

*Prayer &
Discussion*

- Pray for a new Small Group, committing the process to the Lord.
- Shared discernment with Small Group Coordinator (Amy).
- Pray for potential members.

Question

When could you pray
for new small
groups?

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How to begin?

*Form a
Core Group*

- Starting a Small Group can begin with 3-4 committed members who share a vision for the group.

Question

Who are 3-4 other people who you could invite to form a core?

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How to begin?



- Begin meeting & invite others.
- Note other small group leader requirements.

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Next Steps & Pray

*Prayer &
Discussion*

*Form a
Core Group*

Begin